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## Lisa Ford

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### Professional Summary

Energetic Assistant Swim Coach who has experience at the high school and collegiate level. Adept at maintaining the administrative side of a swim team assisting in developing physical fitness programs for swimmers and taking care of travel arrangements for out of town meets. Specializes in women's high school and college swim teams.

### Core Qualifications

- Exceptionally strong organizational skills
- Excellent communication and presentation skills
- Adept at counseling swimmers on non-swimming issues
- Certified in CPR
- Certified in First Aid
- Certified California state swim instructor
- Was on two championship teams while attending high school

### Experience

#### Assistant Swim Coach Lancaster Senior High School

4/1/2009 - 7/1/2014  
New Parkland, CA

- Responsible for scheduling practices and making sure all swimmers had their schedules.
- Responsible for arranging all transportation for out of town meets.
- Assisted head coach in distributing important materials for meetings.

#### Assistant Swim Coach Framingham Associate College

5/1/2003 - 4/1/2009  
New Parkland, CA

- Assisted in choosing each year's team and submitting the final roster to the school athletic board.
- Assisted in making travel arrangements for all out of town meets.
- Responsible for creating and administering practice schedule.

#### Assistant Swim Coach Bishop Senior High School

7/1/1997 - 5/1/2003  
New Parkland, CA

- Assisted in running team tryouts each year.
- Responsible for notifying swimmers whether or not they made the team.
- Assisted in creating all travel arrangements for out of town meets.

### Education

#### Associate's Degree - Sports Management Grandham Community College

1997  
New Parkland, CA

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